



CONGRESO
NACIONAL

SOCIEDAD ESPAÑOLA DE
FARMACIA HOSPITALARIA

MÁLAGA 15-17 OCT 25

Sapere Aude

Reflexión ante nuevos retos



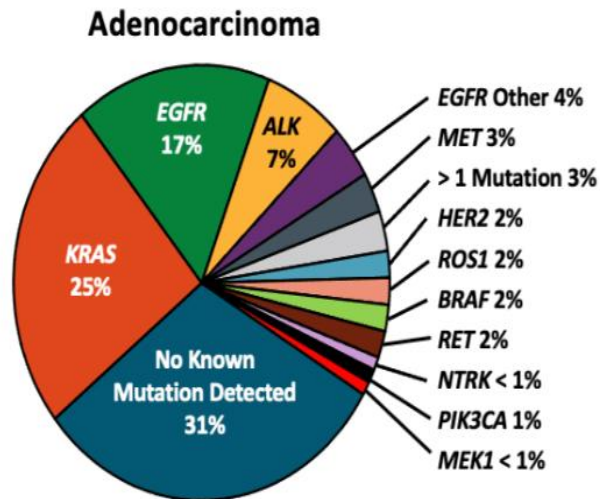
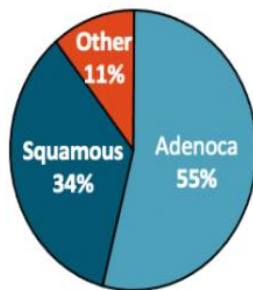
PERSONALIZACIÓN DE LA TERAPIA FARMACOLÓGICA: FACTORES PARA LA OPTIMIZACIÓN DE RESULTADOS

PERSONALIZACIÓN EN TERAPIA ONCOHEMATOLÓGICA

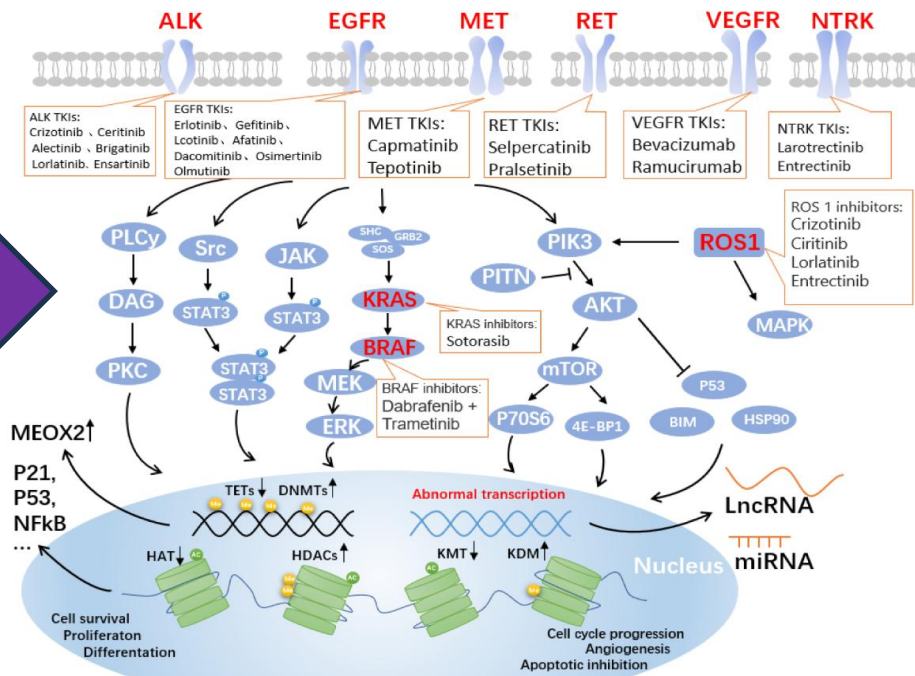
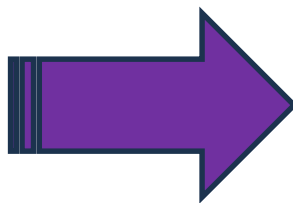
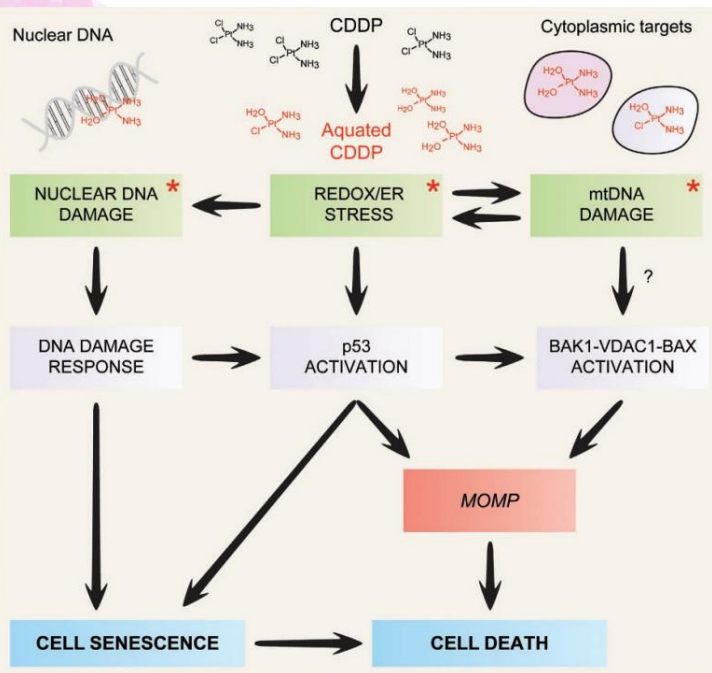
Eduard Fort Casamartina

Hospital Duran y Reynals (ICO) / Farmacéutico UPE

2000 – 2025: MEDICINA DE PRECISIÓN



MEDICINA DE PRECISIÓN



¿ INDIVIDUALIZACIÓN ?

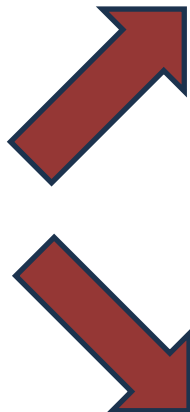


PERSONALIZACIÓN PROACTIVA VS REACTIVA



START

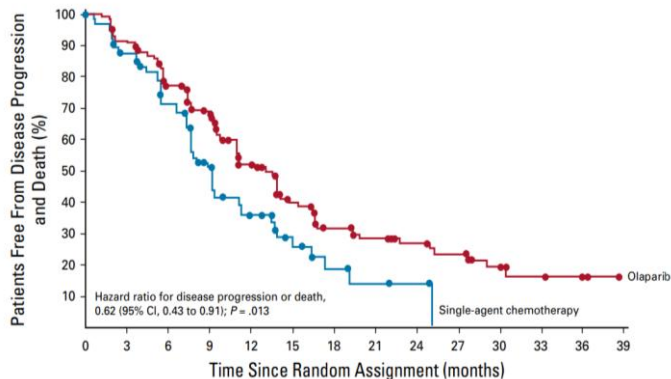
S.C
PESO
DOSI FIJAS
ALTERACIONES CLÍNICAS
VARIANTES GENÉTICAS



EFICACIA/TOXICIDAD

Adverse event	Olaparib (n = 178)		Chemotherapy (n = 76)	
	Any Grade	Grade ≥ 3	Any Grade	Grade ≥ 3
Any	174 (97.8)	89 (50.0)	73 (96.1)	36 (47.4)
Leading to dose interruption/delay	85 (47.8)		32 (42.1)	
Leading to dose reduction	48 (27.0)		25 (32.9)	
Leading to treatment discontinuation	13 (7.3)		15 (19.7)	

A



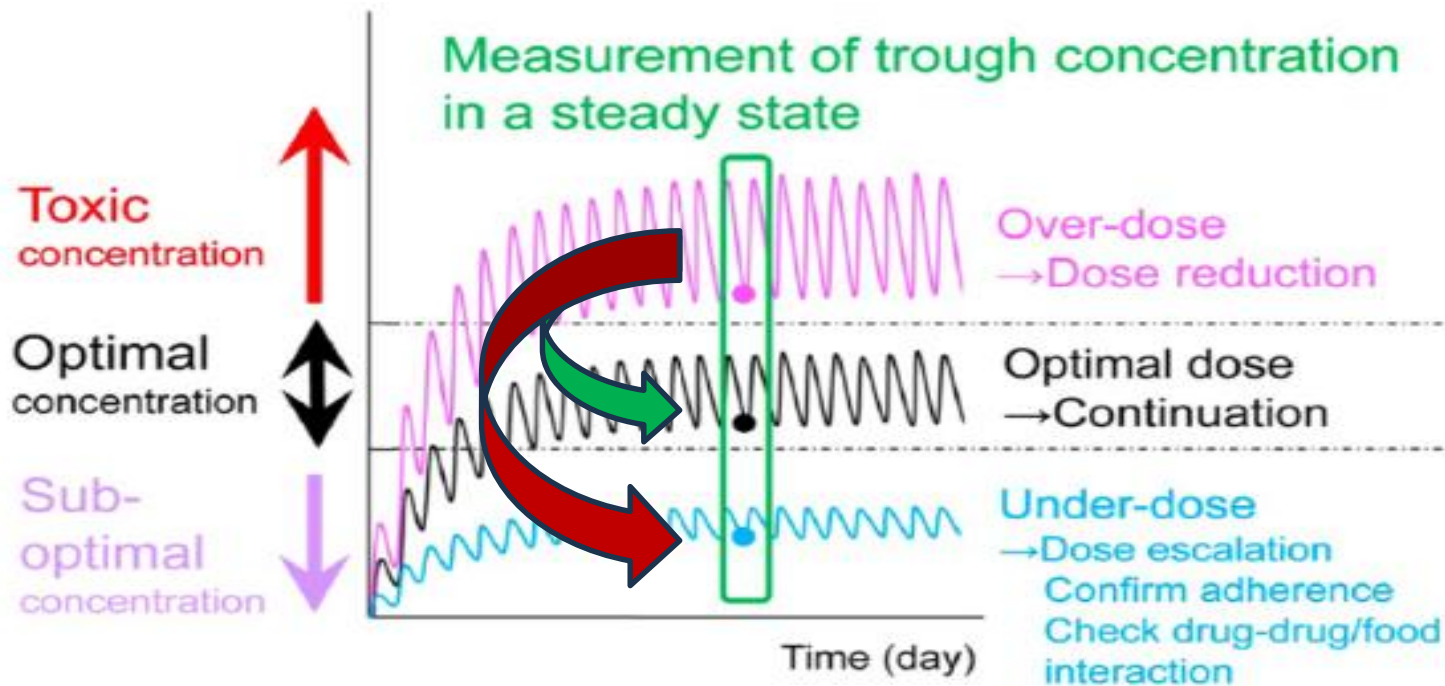
1) QUÉ EXPOSICIÓN SISTÉMICA TIENEN LOS PACIENTES QUE?

- A) PROGRESAN?
- B) NO PROGRESAN?
- C) PRESENTAN TOXICIDAD?
- D) REDUCEN DOSIS?
- E) ALCANZAN RESPUESTA?



EXISTEN DIFERENCIAS INDIVIDUALES QUE PODRÍAN CONDICIONAR PK/PD, EFICACIA Y TOXICIDAD?

MARGEN TERAPÉUTICO



ADAPT ALECT CLINICAL TRIAL

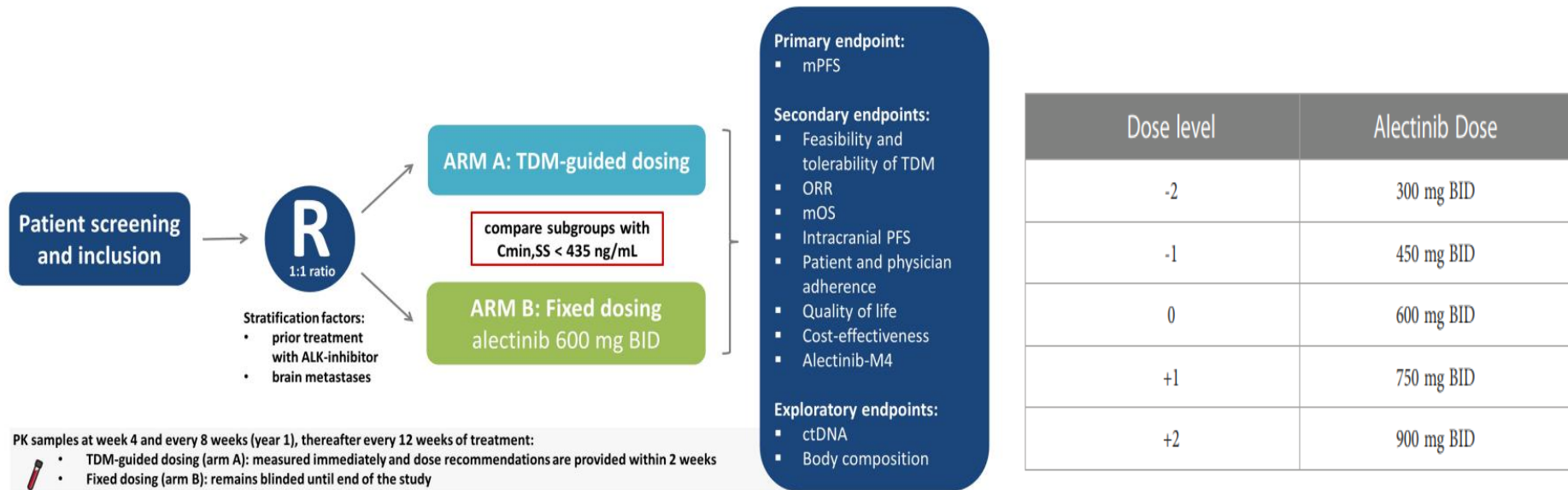


FIGURE 1

Schematic overview of study design. ALK, Anaplastic lymphoma kinase; BID, twice daily; $C_{min,SS}$, minimum plasma concentration during steady state; ctDNA, circulating tumor DNA; mPFS, median progression free survival; mOS, median overall survival; ORR, overall response rate; R, Randomization; TDM, Therapeutic Drug Monitoring.

VARIANTES GENÉTICAS EN ONCOHEMATOLOGIA



Catálogo de Pruebas Genéticas y Genómicas

Acceso Administrador

 Consulta de Información ▾ Biblioteca

[Manual de Usuario](#)

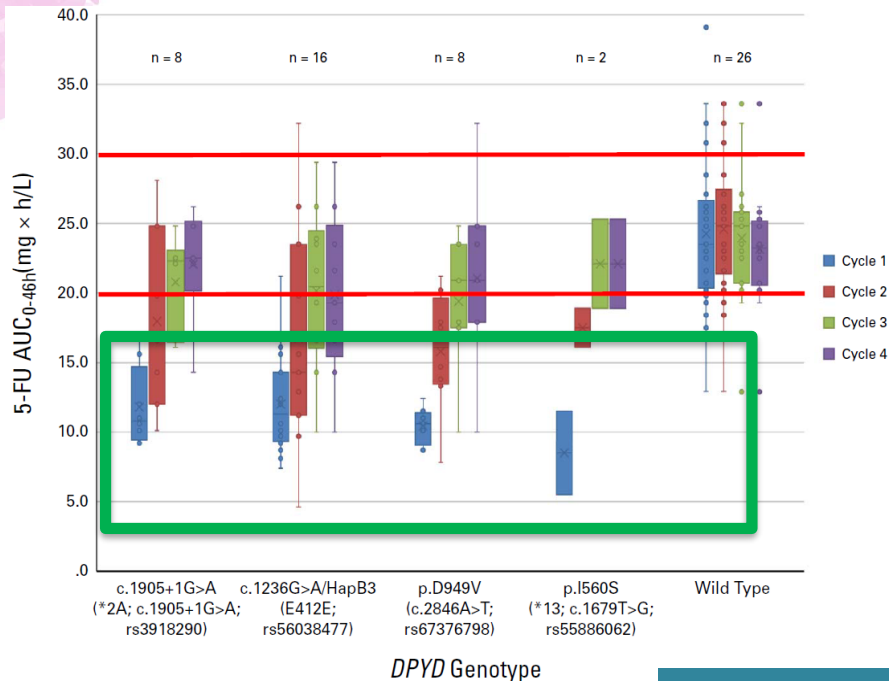
Catálogo Común de Pruebas Genéticas y Genómicas del SNS

Las pruebas genéticas y genómicas constituyen un elemento esencial para el diagnóstico y pronóstico de enfermedades de alto impacto sanitario como son las enfermedades raras y oncológicas, y la selección y el seguimiento de tratamientos óptimos.

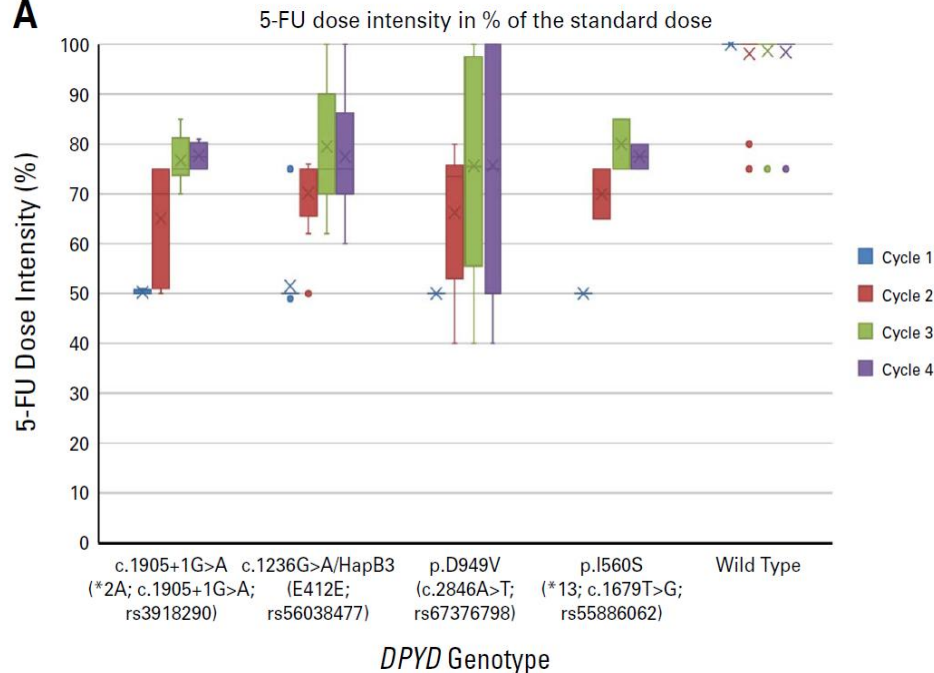
El acceso a este catálogo como parte de la cartera común de servicios debe garantizarse a todos los usuarios del SNS.

Mas Información

VARIANTES GENÉTICAS DPYD



A



AUC₁ – AUC₃: 10.1 mg x h/L a 20.2 +/- 4.8 mg x h/L
68% Pacientes AUC > 20 mg x h/L

PATRONES VARIANTES GENÉTICAS

FARMACOCINÉTICA

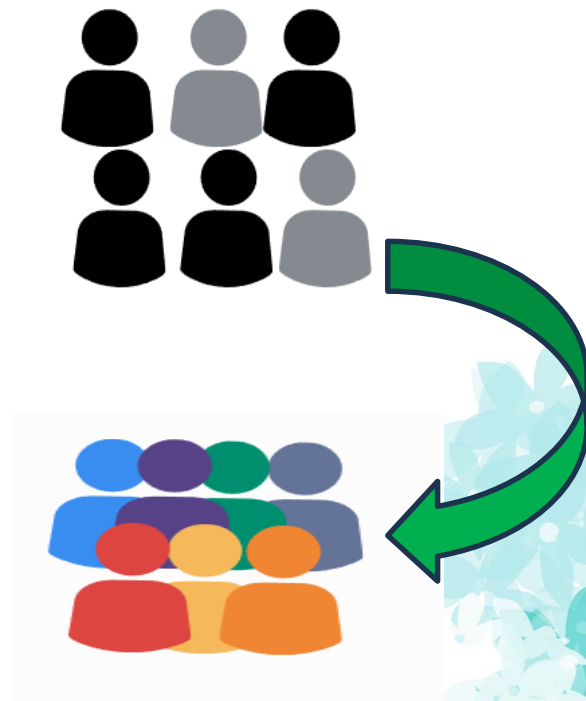
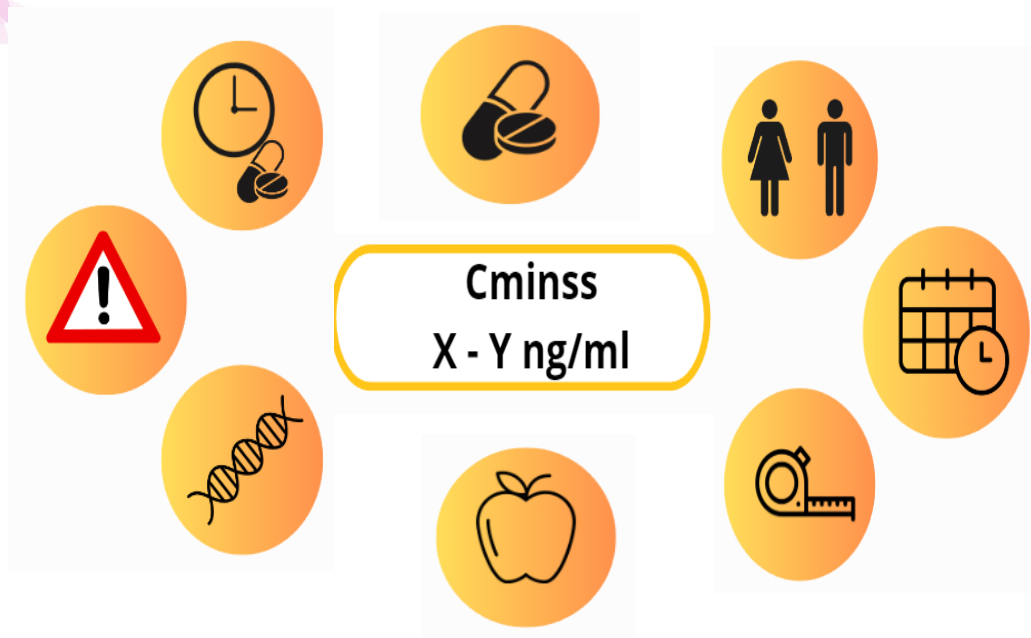
rs1045642 del gen *ABCB1*
rs35599367 del gen *CYP3A4*
rs776746 del gen *CYP3A5*

FARMACODINÁMICA

rs10515074 del gen *PIK3R1*,
rs9906827 del gen *RAPTOR*

N Pacientes	ABCB1	PIK3R	RPTOR	CYP3A4	CYP3A5
4	HTZ	WT	HTZ	WT	WT
3	HTZ	WT	WT	WT	WT
2	WT	WT	HTZ	WT	WT
2	HTZ	WT	HMZ	WT	WT
2	HTZ	HTZ	WT	WT	WT
2	HTZ	HTZ	HTZ	WT	WT
2	HMZ	HTZ	WT	WT	WT
2	HMZ	HTZ	HMZ	WT	WT
1	WT	WT	HTZ	WT	HTZ
1	WT	WT	HMZ	WT	WT
1	WT	HZ	HMZ	WT	WT
1	WT	HMZ	WT	WT	WT
1	HTZ	WT	WT	WT	HTZ
1	HTZ	HTZ	HTZ	WT	HTZ
1	HMZ	WT	WT	WT	WT
1	HMZ	WT	WT	WT	HTZ
1	HMZ	WT	HTZ	WT	WT
1	HMZ	HTZ	HTZ	WT	WT

INDIVIDUALIZACIÓN: ALGO MÁS QUE FARMACOGENÉTICA



PK HOMBRES VS MUJERES

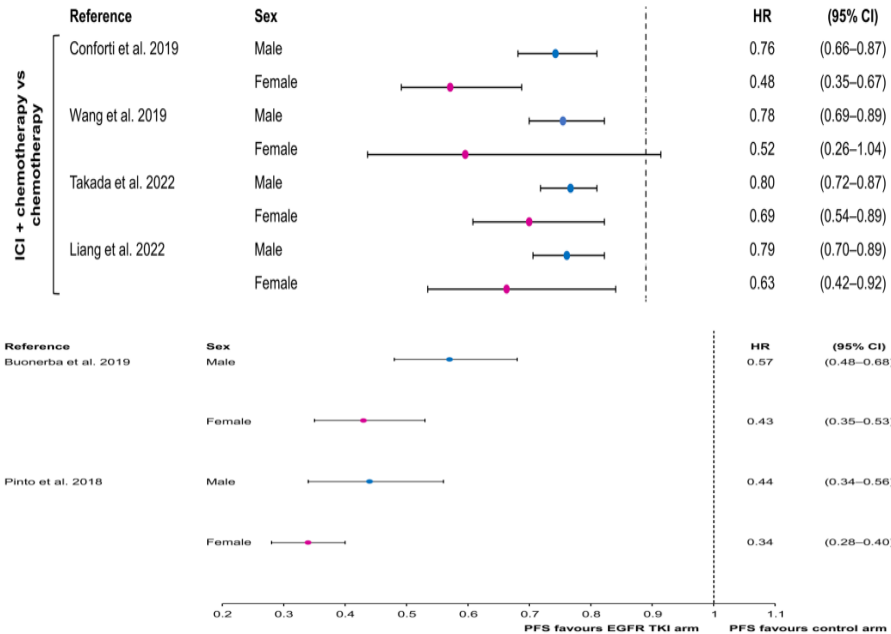
Table 2. Anticancer drugs with documented pharmacokinetic differences between males and females

Drug	Population PK parameter	Reported effect	IIV	n (% M)	Ref.
5-Fluorouracil	CL 158 L/h	CL slower in F (−26%) CL faster in M (+26%)	22	26 (NR) 32 (32)	²² ²³
Atezolizumab	CL 0.235 L/d	CL slower in F (−20%)	29%	1519 (65)	²⁴
Axitinib	CL/F 20.1 L/h	CL/F slower in F (−35%)	39%-94%	237 (NR)	²⁵
Cabozantinib	CL/F 106 L/day	CL/F slower in F (−22%)	35%	289 (70)	²⁶
Carboplatin	CL 107 ml/min	CL slower in F (−31%)	NR	70 (66)	²⁷
Doxorubicin	CL 19.9 L/h/1.8 m ² for doxorubicinol CL 113.2 L/h in M	CL faster in M (<i>P</i> = 0.04) CL slower in F (−50%)	23%	66 (59) 27 (22)	²⁸ ²⁹
Epirubicin	CL 95.2 L/h in M	CL slower in F (−23%)	27%	36 (36)	³⁰
Imatinib	CL/F 14.3 L/h <i>C</i> _{ss} trough 1353 ng/ml in M	CL/F slower in F <i>C</i> _{ss} trough lower in M (−25%)	45%	59 (55) 190 (NR)	³¹ ³²
	CL/F 11.95 L/h	CL/F slower in F (−50%)		43 (63)	³³
Paclitaxel	VM _{EL} 37.4 μmol/h	VM _{EL} maximal elimination capacity higher in M (+20%)	16%	168 (51)	³⁴
Panitumumab	CL 0.273 L/day	CL slower in F (−23%)	NR	1200 (64)	³⁵
Pegylated liposomal doxorubicin	CL 54.6 ml/h/m ²	CL slower in F (−43%)	NR	70 (70)	³⁶
Regorafenib	CL/F 4.02 L/h	CL/F slower in F (−27% for regorafenib and −25% for active metabolites)	NR	62 (61-88)	³⁷
Sunitinib	CL/F 34.1 L/h	CL/F slower in F (−35%) for the active metabolite SU12662	25% for sunitinib and 36% for SU12662	395 (66)	³⁸
Temozolomide	CL/F 10 L/h CL/F 8.8 to 13.9 L/h	CL/F slower in F (−22%)	80.5%	35 (69) 445 (63)	³⁹ ⁴⁰
Topotecan	CL/F 237 L/h in M	CL slower in F (−33%) CL slower in F (−33%)	31%-62%	92 (60) 82 (49)	^{41,42}

*C*_{ss}trough, trough concentration at steady state; CL, clearance; CL/F, apparent clearance; F, females; IIV, inter-individual variability; M, males; NR, not reported; PK, pharmacokinetics; Ref. reference, VM_{EL}, maximal elimination capacity.

HOMBRES VS MUJERES

EFICACIA



TOXICIDAD

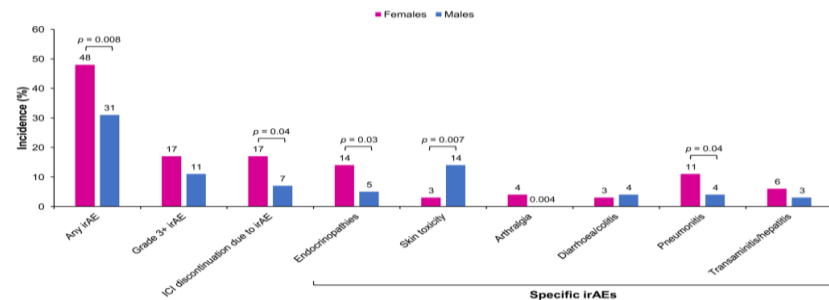
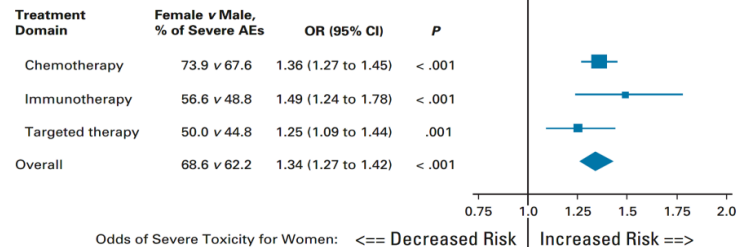
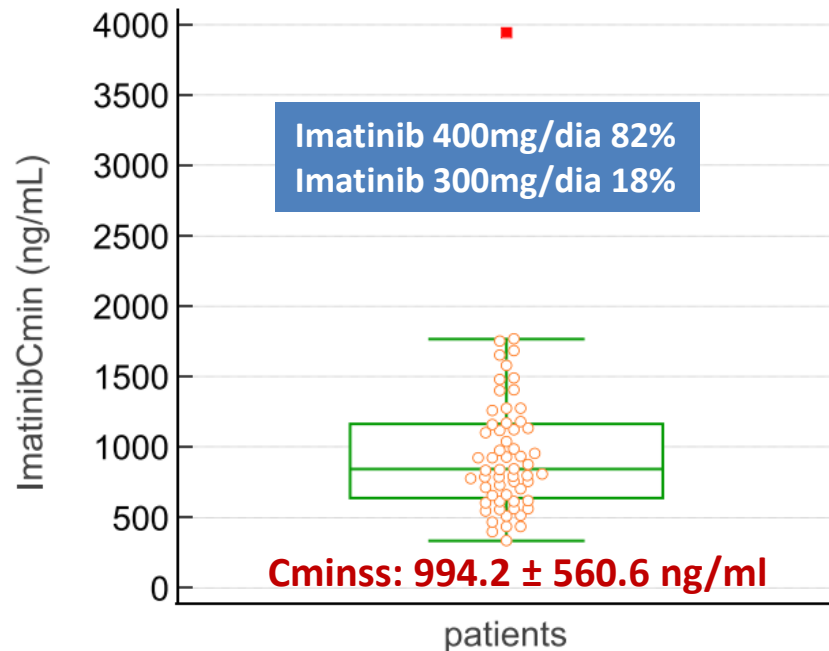
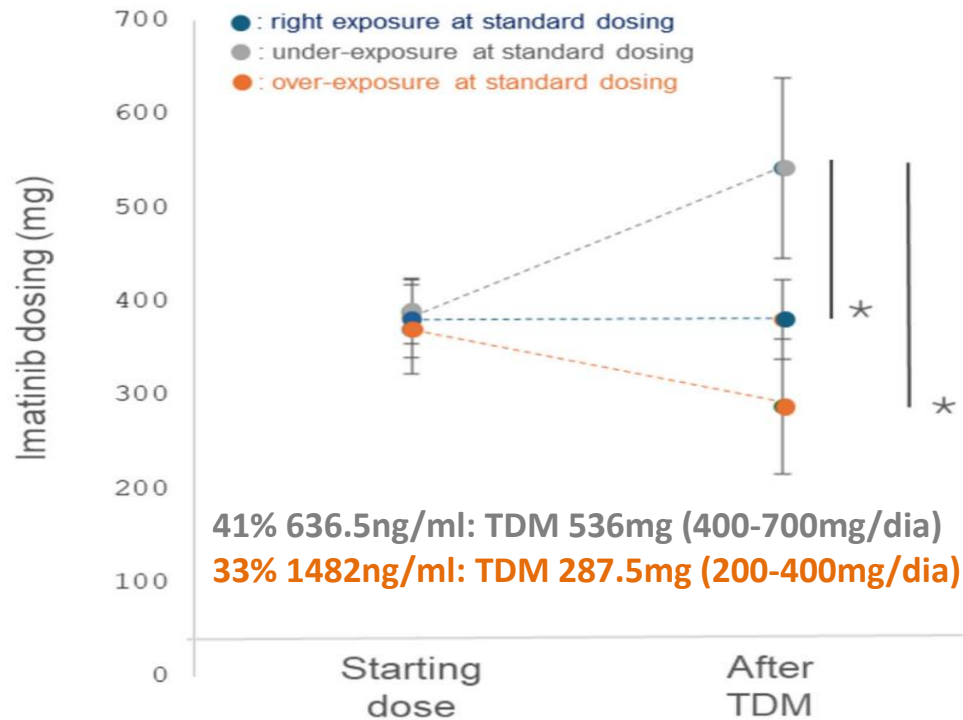
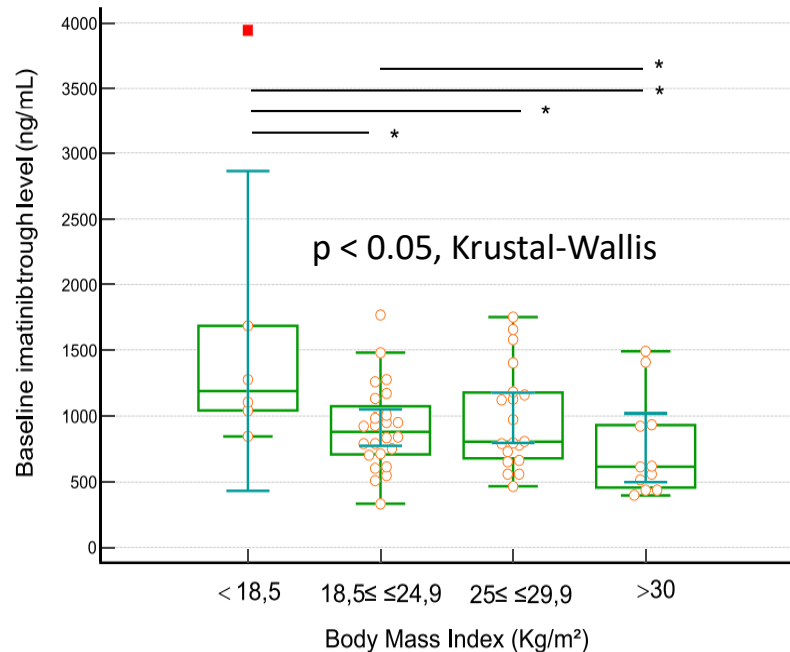


TABLE 1 Patients characteristics.

Patients characteristics (n = 60)	
Age years (mean, range)	56, 18–89
Sex (M/F)	33/27
Body Weight kg (mean $\pm$ SD)	72.4 $\pm$ 17,8
Height cm (mean $\pm$ SD)	167 $\pm$ 11,2
BSA m ² (mean $\pm$ SD)	1.82 $\pm$ 0,27
BMI (kg/m ²):	
18,5 (%)	10
18,5 < BMI $\leq$ 24,9 (%)	32
25 $\leq$ BMI $\leq$ 29.9 (%)	41
$\geq$ 30 (%)	17
Co-medications (n = 35):	
1 (%)	8.5
1 to 5 (%)	42.8
5 to 8 (%)	37.1
>8 (%)	11.4

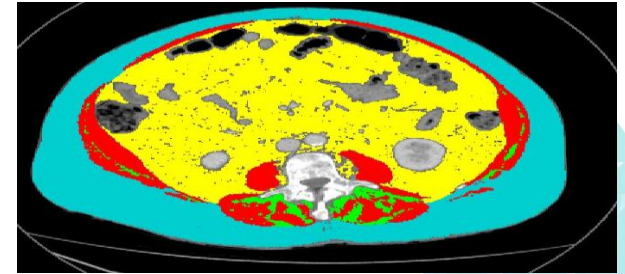
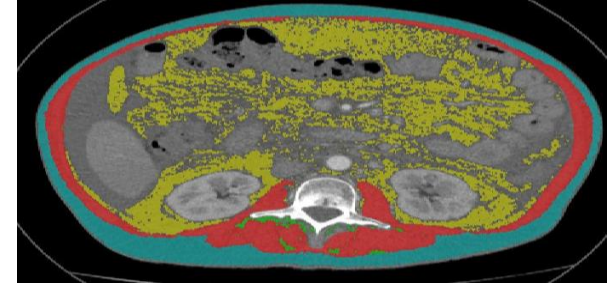
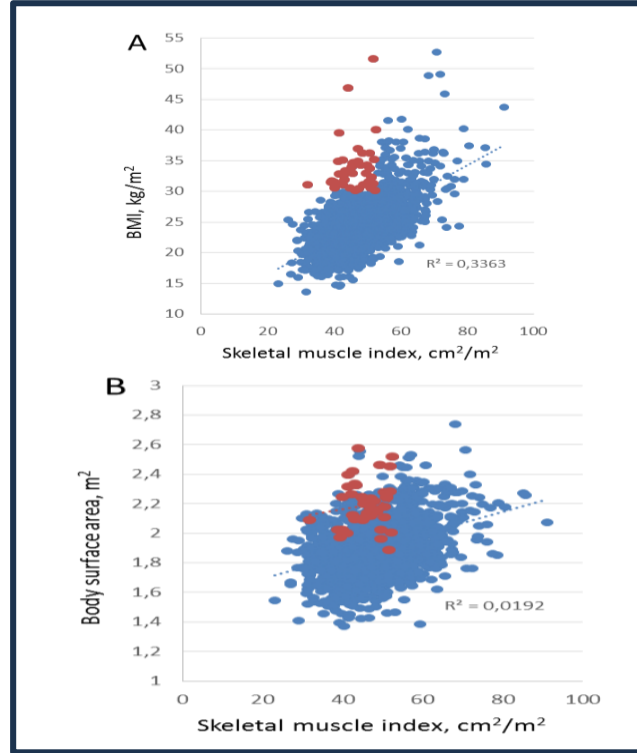
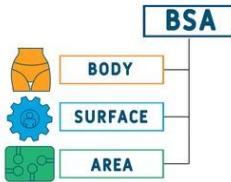


PK - BMI





PARÁMETROS ANTROPOMÉTRICOS



INDICE MASA MUSCULAR (SMI)
TEJIDO ADIPOSO SUBCUTANEO (SAT)
TEJIDO ADIPOSO VISCERAL (VAT)
TEJIDO ADIPOSO INTERMUSCULAR (IMAT)

COMPOSICIÓN CORPORAL/PK

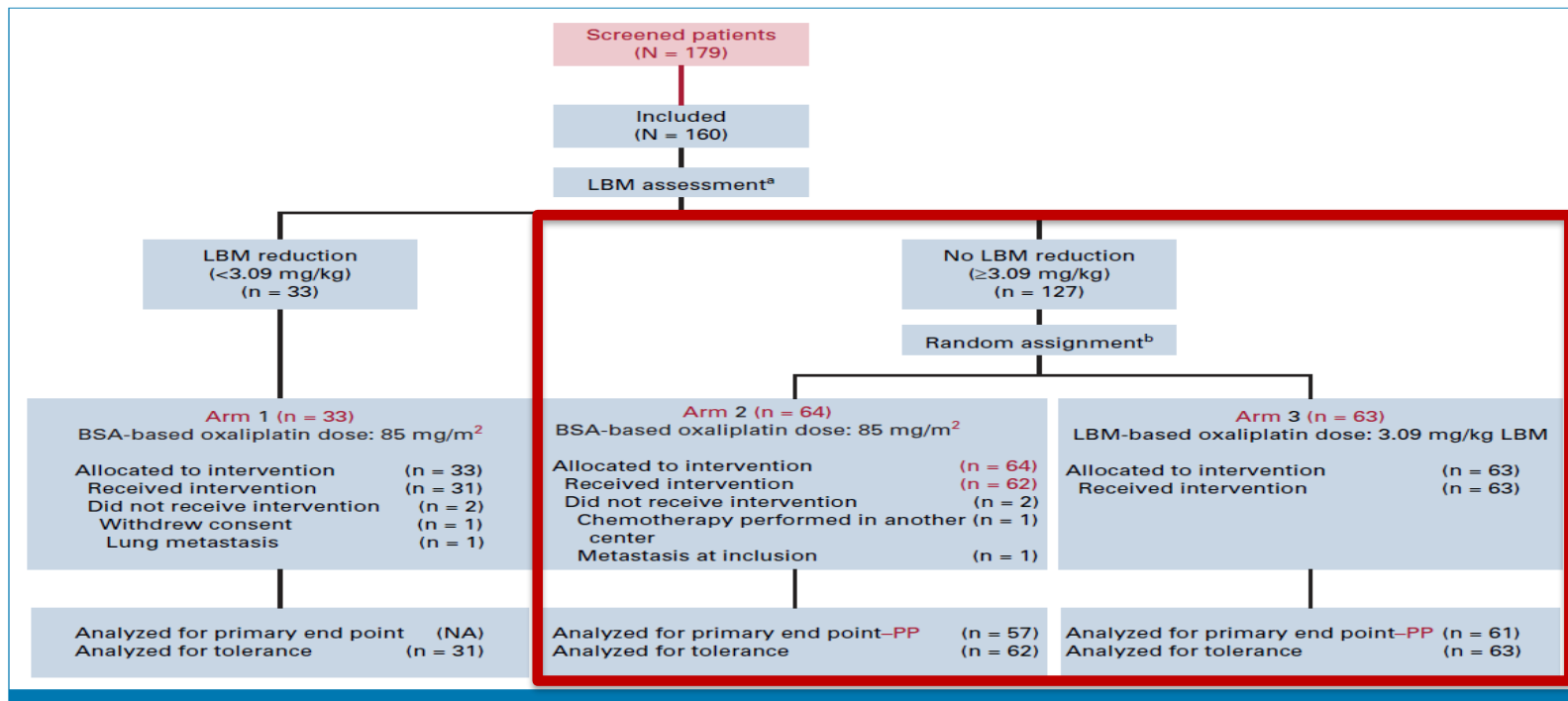
Study	Cancer type	Type of treatment	N. patients	Age (range)	Body composition evaluation method	Model of PK	Main Results	
							Lean mass	Fat mass
Gusella et al 2002 (11)	Colon	5-fluorouracil	34	Mean 65.5 +/- 9.5 (45-80)	BIA ²	One or two compartment model	FFM ⁴ and TBW ⁵ better predictors than BW ⁶ and BSA ⁷ (multivariate linear regression)	Not measured
Prado et al. 2007 (12)	Stage II/III colon	5-fluorouracil	62	Mean 60.3 +/- 9.9	CT ³	Serum 5FU concentration	Concentration > 20mg 5-FU / kg increased risk of toxicity (OR= 16.75, p=0.013)	Measured but not analysed
Stanisavljevic et al. 2010 (13)	Non-Hodgkin lymphoma	R-CHOP ¹	30	Median 56 (20-82)	BIA ²	Serum cyclophosphamide concentration	Risk of toxicity for a cyclophosphamide concentration ≥ 27.3 mg/kg (p=0.0011)	Risk of toxicity for a cyclophosphamide concentration ≥ 77.9 mg/kg (p=0.0011)
Prado et al. 2011 (14)	Breast Stage II-III	Epirubicin	24	Median 52.5 (28.1-67.1)	CT ³	One compartment model	LBM ⁸ explains 18 % of variance in epirubicin clearance	Risk of toxicity for a doxorubicin concentration ≥ 4.9 mg/kg (p=0.008)
Mir et al. 2012 (15)	Hepatocellular carcinoma	Sorafenib	17	Median 62.5 (32-79)	CT ³	One compartment model	Median AUC ⁹ is higher in sarcopenic patients (102.4 mg/l.h) compared in non-sarcopenic patients (53.7 mg/l.h), (p = 0.013)	Not measured
Massicotte et al 2013 (16)	Medullary thyroid carcinoma	Vandetanib	33 (23 treated and 10 placebo)	Mean 51 (27-69)	CT ³	Serum Vandetanib concentration	Higher concentration levels (1091 vs 739 ng/ml, p = 0.03) and lower skeletal muscle mass index (< 43.1 cm ² /m ²) increased risk of DLT ¹⁰ .	Not measured
Wong et al 2014 (17)	Breast cancer stage II-III	Doxorubicin Pre-operative or post-operative chemotherapy	44	Mean 50.4 +/- 10.1	CT ³	Two compartment model (doxorubicin) sequential compartment (metabolite) Serum Doxorubicin Concentration and AUC ⁹	BSA ⁶ and muscle volume did not predict pharmacokinetics or toxicities.	Positive correlation between doxorubicin AUC ⁹ and abdominal fat volume and total abdominal fat volume (r ² = 0.324 and r ² = 0.262 respectively, p <0.001)

COMPOSICIÓN CORPORAL/TOXICIDAD

Type of treatment	N. patients	Age (range)	Measure of toxicity	Body composition evaluation method	Thresholds of sarcopenia	Main results	
						Lean Mass	Fat Mass
CHEMOTHERAPY							
5-fluorouracil	62	Mean 60.3 +/- 9.9	Grade 3-4 toxicity (NCIC-TC3)	CT ²	none	Concentration > 20mg 5-FU / kg increased risk of toxicity (OR= 16.75, p=0.013)	Not analysed
Capecitabine	55	Mean 54.8 +/- 10.4 (37-80)	Grade 2 or + toxicity (NCIC-TC3)	CT ²	<38.5 cm ² /m ² (women)	Sarcopenia increased risk of toxicity HR = 4.1 (p=0.04)	Not measured
R-CHOP1	30	Median 56 (20-82)	Grade 3-4 toxicity (NCIC-TC ³) or dose reduction	BIA ³	none	Risk of toxicity for a cyclophosphamide concentration ≥ 27.3 mg/kg (p=0.02)	Risk of toxicity for a cyclophosphamide concentration ≥ 77.9 mg/kg (p=0.0011) Risk of toxicity for a doxorubicin concentration ≥ 4.9 mg/kg (p=0.008)
FEC2	24	Median 52.5 (28.1-67.1)	Grade 3 or + toxicity (NCIC-TC ³)	CT ²	none	Sarcopenia associated with toxicity (p =0.002)	Not analysed
5FU + oxaliplatin or irinotecan	51	Median 65 (22-84)	Grade 3-4toxicity (NCIC/TC ³)	CT ²	≤ 55.4 cm ² /m ² (men) ≤ 38.9 cm ² /m ² (women)	Sarcopenia increased risk of toxicity OR = 13.5 (CI 95 % : 1.08-169.3)	Not associated
Phase I all chemotherapies	93 (50 males ;43 females)	Median 57 (21-77)	grade 3-4 toxicity DIR5 drug interrupting toxicity	CT ²	Median of population < 54.1 cm ² /m ² (men) < 40.8 cm ² /m ² (women)	Sarcopenia associated with DLT and severe toxicity	No association of Visceral adipose tissue or subcutaneous adipose tissue with severe toxicities or drug interrupting toxicities.
Doxorubicin Pre-operative or post-operative chemotherapy	84	Mean 50.4 +/- 10.1	Grade 4 Hematologic toxicity	CT ²	none	Muscle volume not associated with grade 4 hematological toxicities	High intra-abdominal fat volume predicts for greater Doxorubicin exposure and hematologic toxicities (grade

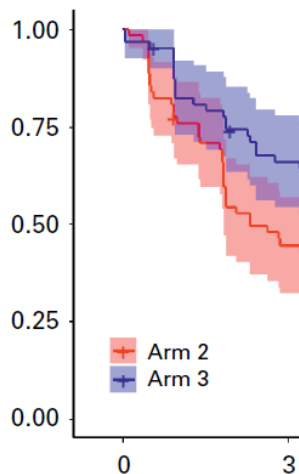
DOSIFICACION – COMPOSICIÓN CORPORAL

Phase II Randomized Multicenter LEANOX Trial



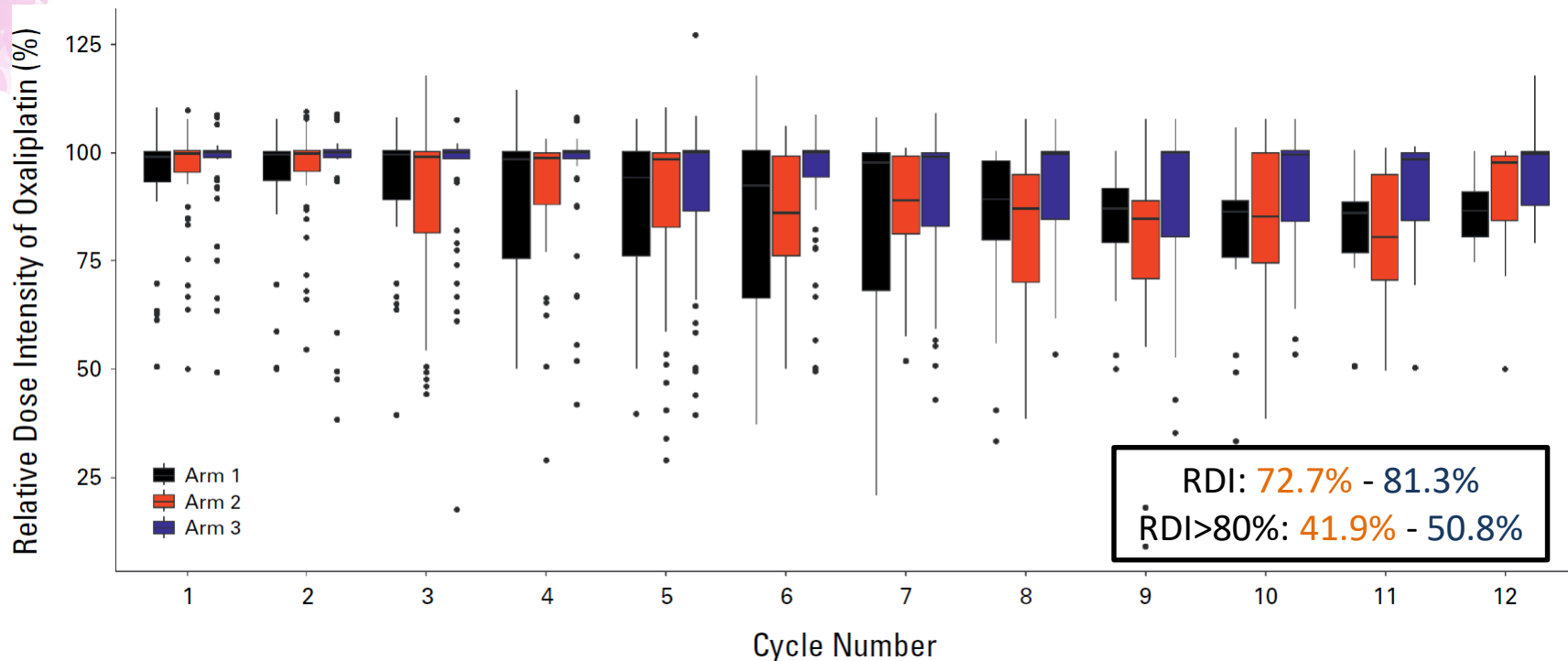
DOSIFICACION – COMPOSICIÓN CORPORAL (TOXICIDAD)

Grade 2 ≥ OIPN-Free Survival (probability)



OIPN Characteristic	Arm 1 (n = 33)	Arm 2 (n = 62)	Arm 3 (n = 63)	Total (N = 156)	P
Primary end point (per-protocol population)					
No.	NA	57	61	118	
Patients without grade ≥2 OIPN during the first six cycles, No. (%)	NA	24 (42.1)	41 (67.2)	NA	.01 ^a
Secondary end points (safety population)					
Time to onset of the first grade ≥2 OIPN, months					
Median (95% CI)	4.1 (3.1 to NA)	2.3 (1.8 to 4.6)	5.7 (4.4 to NA)	4.3 (3.1 to 5.7)	.01 ^b
Patients with at least one grade ≥2 OIPN during treatment, No. (%)					
No	13 (41.9)	20 (32.3)	34 (54)	67 (43)	.01 ^a
Yes	18 (58.1)	42 (67.7)	29 (46)	89 (57.1)	
Patients with at least one grade ≥2 OIPN after treatment, No. (%)					
No	22 (71)	44 (71)	51 (81)	117 (75)	.19 ^a
Yes	9 (29)	18 (29)	12 (19.1)	39 (25)	

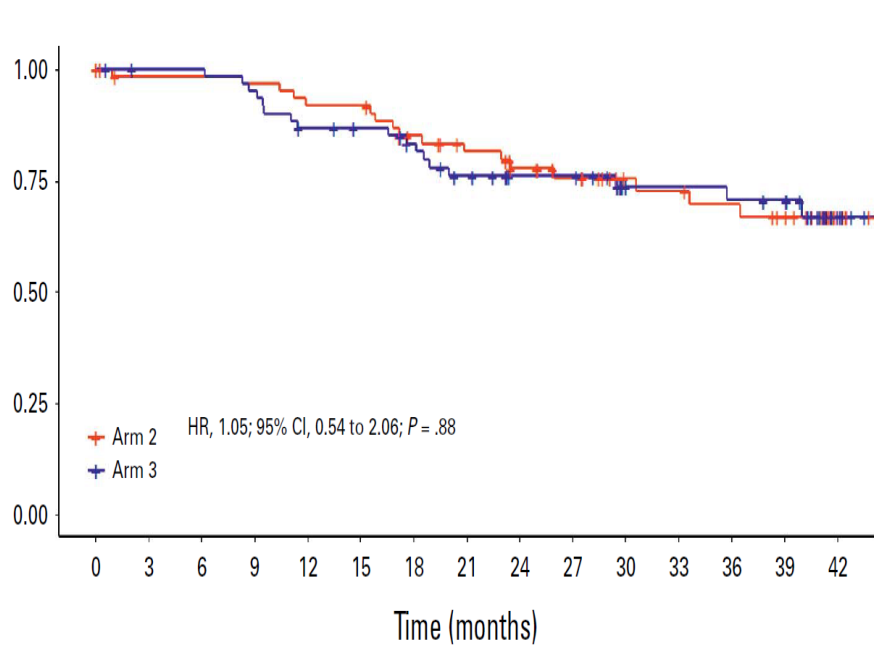
DOSIFICACION – COMPOSICIÓN CORPORAL



EFFECTIVIDAD – BSA vs LBM

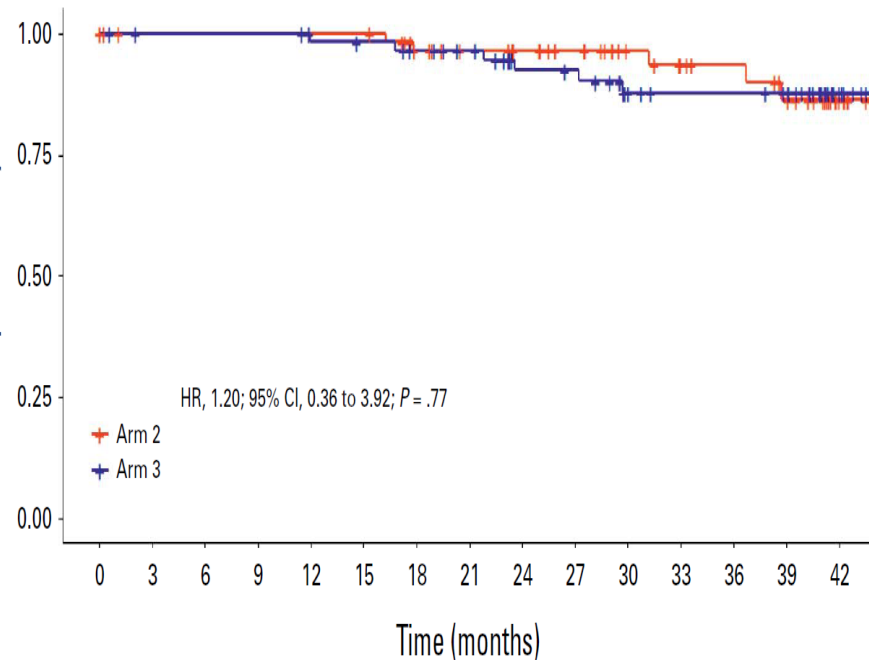
A

Relapse-Free Survival (probability)



B

OS (probability)



INTERACCIONES FARMACOLÓGICAS

Table 2

Summary of principal DDIs for oncological drugs belonging to CDK4/6i, PARPi, ARTA, ADC class.

			CDK4/6i			PARPi				ARTA				ADC			
			Abema- ciclib	Palbo- ciclib	Ribo- ciclib	Nira- parib	Ola- parib	Ruca- parib	Talazo- parib	Abira- terone	Apalu- tamide	Darolu- tamide	Enzalu- tamide	T-DXd	TDM-1	Enfort- umab	SG
INH	Strong	2C9															
		2C19															
		2C8									*		*				
		2D6															
		3A4	*	*	*		*				*	*					
		UGT															
		BCRP															
		OATP															
		Pg-P							*			*					
	Mode- rate	2C9															
		2C19															
		2C8															
		2D6															
		3A4					*										
		UGT															
		BCRP															
		OATP															
IND		2C9															
		2C19															
		2C8															
		2D6	*	*	*		*			*		*		*			
		3A4															
		UGT															
		BCRP															
		OATP															
Sub- strate		Pg-P										*	*				
		2C9						*			*		*				
		2C19									*		*				
		2C8															
		1A2						*					*				
		2B6									*		*				
		2D6									*		*				
		3A4						*			*		*				
		UGT									*		*				
		BCRP									*	*	*				
		OATP									*	*	*				
		Pg-P									*	*	*				

Legend

RED Concomitant use should be avoided.

ORANGE Caution is advised in case of concomitant use.

GREEN No risk of interaction.

PINK No data available, or no formal interaction studies performed.



Media = 4 (1 – 15)



40-50%

PK – EFECTIVIDAD/SEGURIDAD

Table 1 Evidence for TDM for targeted oral antineoplastic drugs

Evidence level	Recommendation	Description
1	Strongly recommended	Randomised, prospective studies demonstrated positive effect of routine TDM with regards to efficacy and/or safety.
2	Recommended	There is an established exposure-response relationship using standard dosage from retrospective studies, a target is established and a feasibility study has been performed.
3	Potentially useful	An exposure-response or exposure-safety relationship using standard dosage has been identified and a potential target has been reported.
4	Exploratory	An exposure-response or exposure-safety relationship using standard dosage has been identified but no target has been reported.
5	Not recommended	No exposure-response or exposure-safety relationship using standard dosage has been identified and/or - there is very few data on pharmacokinetics of the drug; - there are more useful targets than plasma concentration (PD); - there is evidence that TDM is not useful

Fármaco	Relación	Cmin
Abiraterona	Efectividad	≥ 8,4ng/ml
Everolimus	Efectividad	≥ 10ng/ml
Imatinib	Efectividad (LMC)	≥ 1000ng/ml
	Efectividad (GIST)	≥ 1100ng/ml
Pazopanib	Efectividad	≥ 20,5mg/L
	Seguridad	≤46mg/L
Sunitinib	Efectividad	≥ 50ng/ml
	Seguridad	≤87,5ng/ml
Tamoxifeno	Efectividad	≥ 5,97g/ml
Trametinib	Efectividad	≥ 10,6ng/ml

Fármaco	Relación	Cmin
Afatinib	Seguridad	≤ 28,5 ng/ml
Alectinib	Efectividad	≥ 435ng/ml
Cabozantinib	Efectividad	≥ 537ng/ml
	Seguridad	≤ 618 ng/ml
Crizotinib	Efectividad	≥ 235ng/ml
Dasatinib	Seguridad	≤ 2,5 ng/ml
Lenvatinib	Seguridad	≤88 ng/ml
Nilotinib	Efectividad	≥ 469ng/ml
Olaparib	Seguridad	≤2500ng/ml
Osimertinib	Seguridad	≤259ng/ml
Regorafenib	Efectividad	≥ 2900ng/ml
	Seguridad	≤4300ng/ml
Vemurafenib	Efectividad	≥ 50ng/ml

Anna Mueller-Schoell et al. Therapeutic drug monitoring of oral targeted antineoplastic drugs. Eur J Clin Pharmacol. 2021 Apr;77(4):441-464

Van der Kliej et al. Therapeutic Drug Monitoring of Kinase Inhibitors in Oncology. Clin Pharmacokinet. 2023 Oct;62(10):1033-1064

MONITORIZACIÓN Y PERSONALIZACIÓN

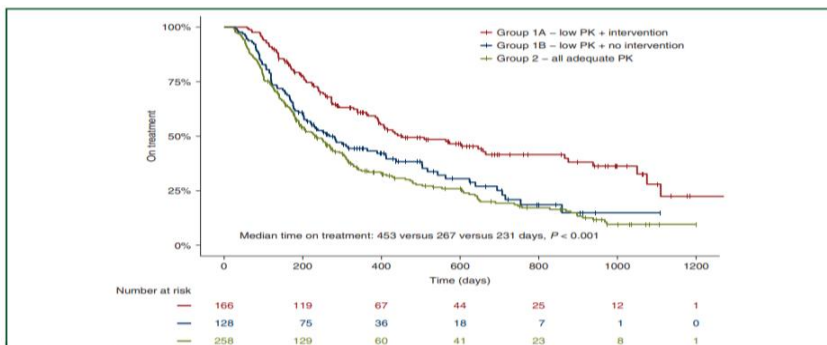
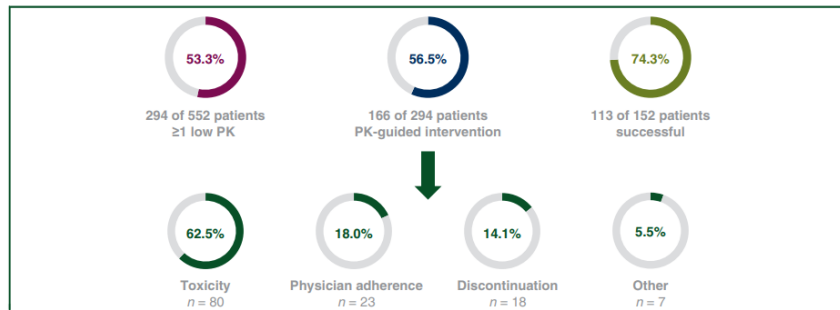
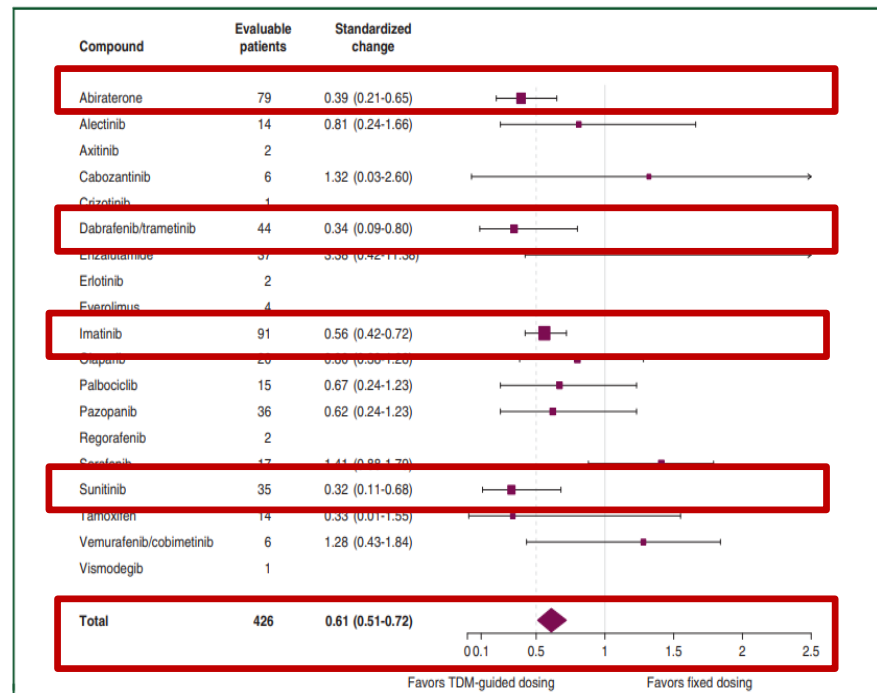


Figure 5. Kaplan-Meier curve of time on treatment. Group 1A are patients with one or more PK samples below the target who received a pharmacokinetically guided intervention. Group 1B are patients with one or more PK samples below the target who did not receive a pharmacokinetically guided intervention due to various reasons (i.e. toxicity, physician adherence, treatment discontinuation). Group 2 are patients with all PK samples above the target. PK, pharmacokinetic.



¿POR DONDE EMPEZAMOS?

TDM score ■ high ■ intermediate ■ low

Table 1 Calculation of the score

	Score	Variable	Modality associated	Score value (/100)
Interpatient pharmacokinetic variability (i)	Variability (0-25)	Food score ratio AUC fed-fasted (r) ratio AUC high fat meal-fasted (r)	No interaction: $r < 1.25$	0
			Mild interaction: $1.25 < r \leq 2.5$	1
			Moderate interaction: $2.5 < r \leq 5$	2
			Strong: $r > 5$	2.5
		PPI score decrease of AUC with the addition of PPI	No interaction: decrease of AUC < 20%	0
			Mild interaction: $20\% \leq$ decrease of AUC < 40%	1
			Moderate interaction: decrease of AUC > 40%	2.5
	CV score	CV AUC/5	0-20	
Feasible dose-adaptation strategy (ii)	Technical complexity (0-15)	PK linearity	Absence of PK linearity	0
			PK linearity at recommended doses	5
		Active metabolite	Existence of active metabolite	0
			Absence of active metabolite	5
		Half-life	<12 hours	0
	≥ 12 hours	5		
Exposure-efficacy relationship (iia)	Efficacy (0-40)	ERR	Overall ERR	10
			OS ERR	10
			PFS ERR	10
			ORR ERR	10
Exposure-safety relationship (iib)	Safety (0-20)	MTD phase 1	Absence of MTD	0
			Existence of MTD	10
		ESR	Toxicity with ESR	No modifications
			Toxicity without ESR	10-(number of toxicities without ESR x 2.5)
Final score=variability score+technical complexity score+efficacy score+safety score				



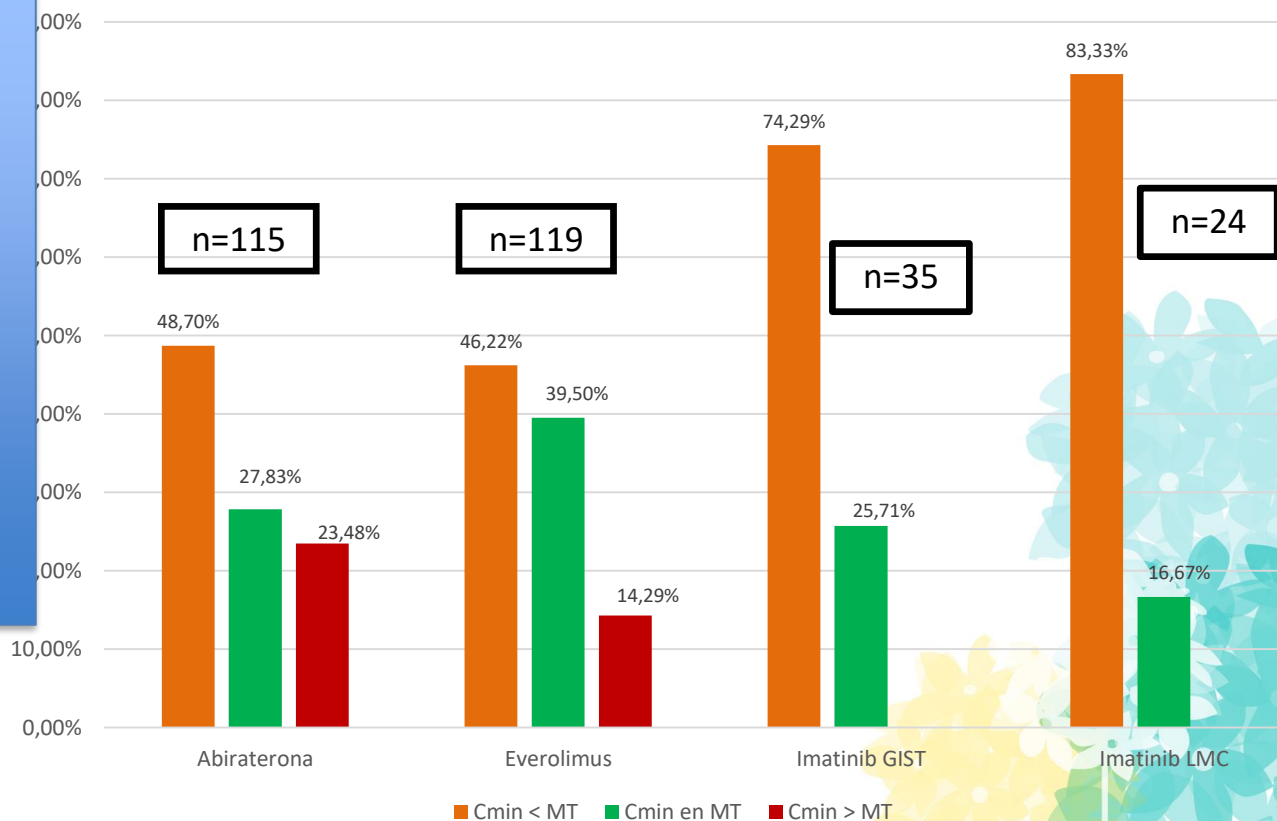
Abiraterona: 24.7ng/ml
(0.6 -99.9ng/ml)

Imatinib GIST: 987.2ng/ml
(241.1 – 2526.8 ng/ml)

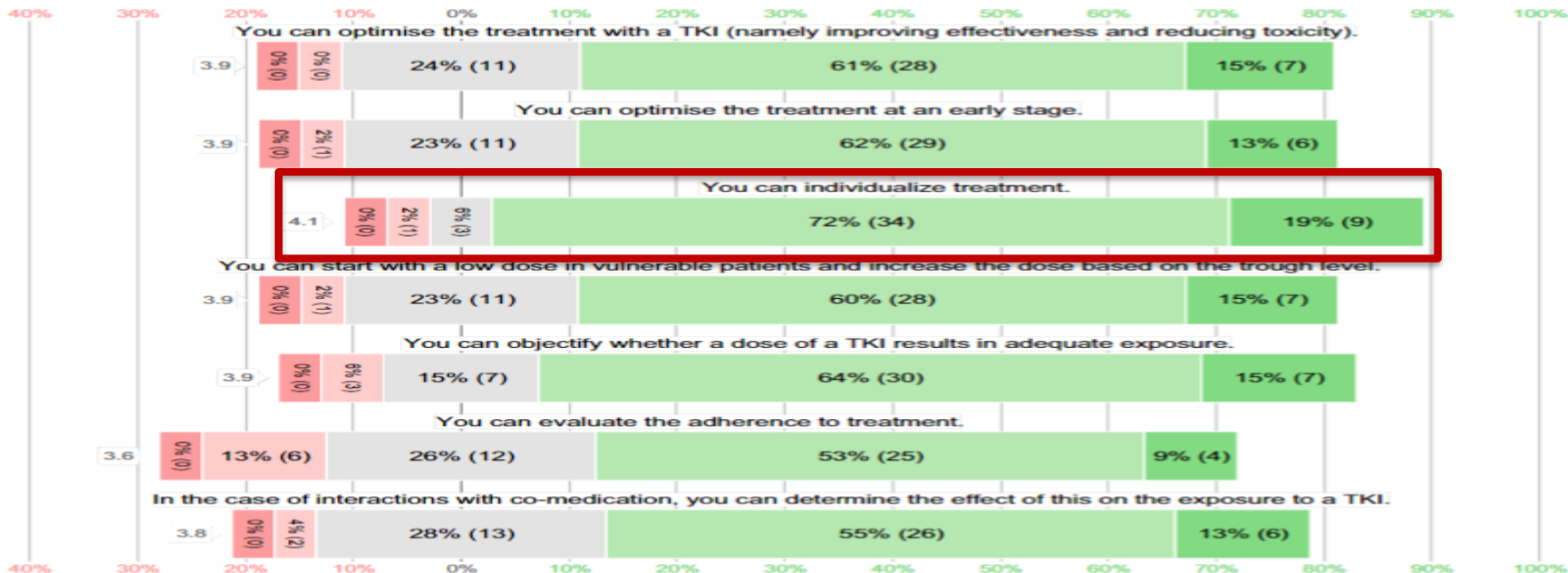
Imatinib LMC: 815.5ng/ml
(289.9 – 2306.9)

Everolimus: 14.47 ng/ml
(2.06 – 72.97)

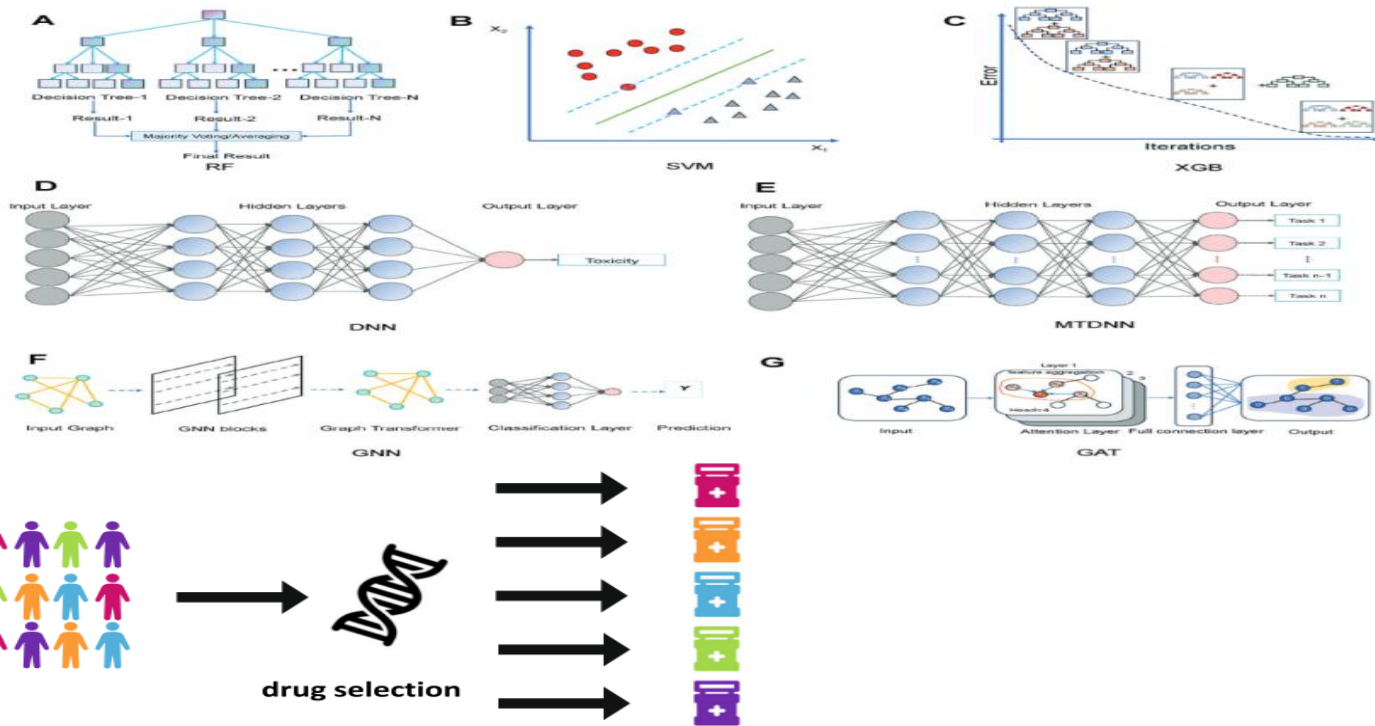
Cminss - Muestras Analizadas



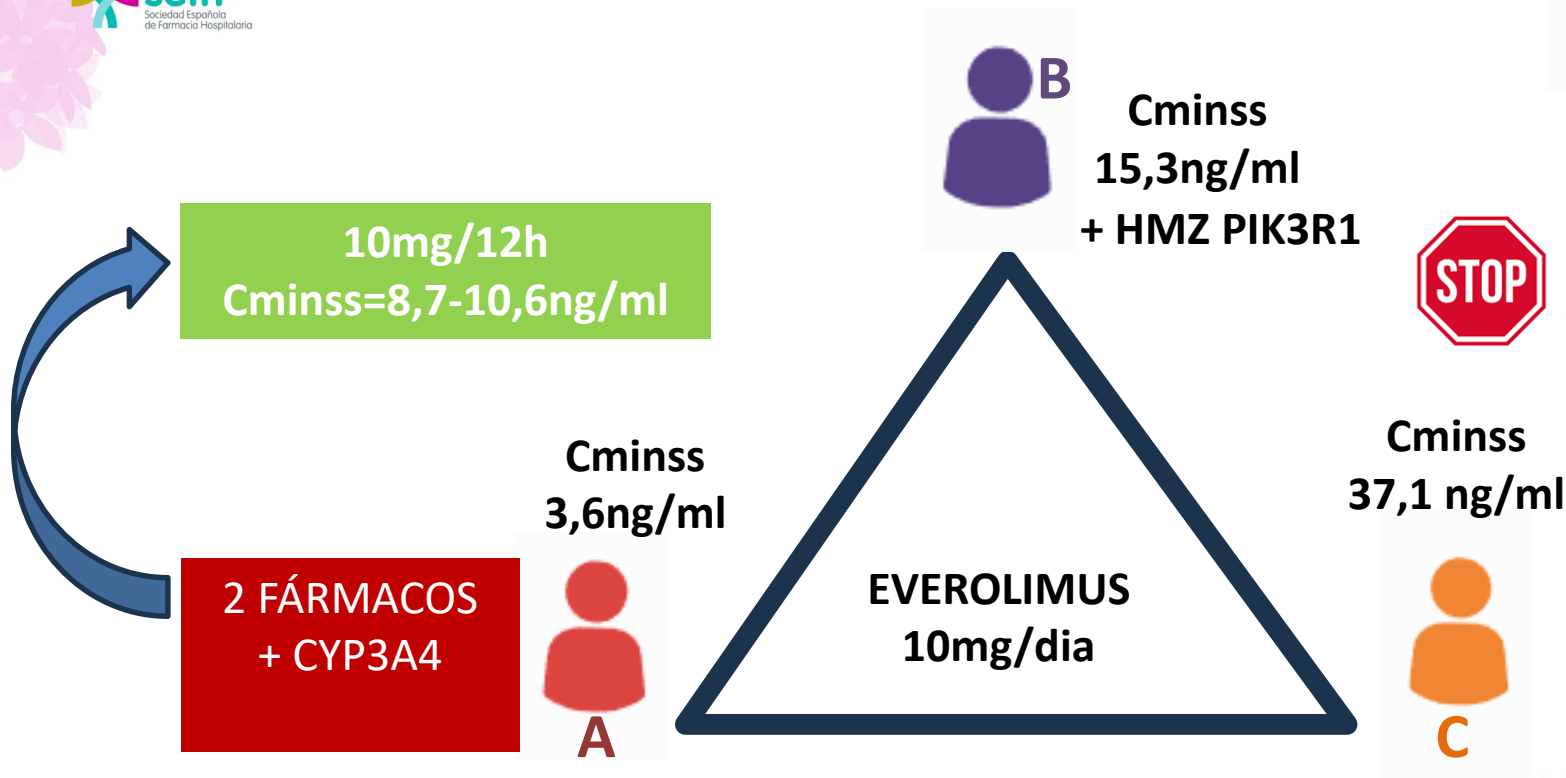
ONCOLOGIA OPINION TDM



INTELIGENCIA ARTIFICIAL

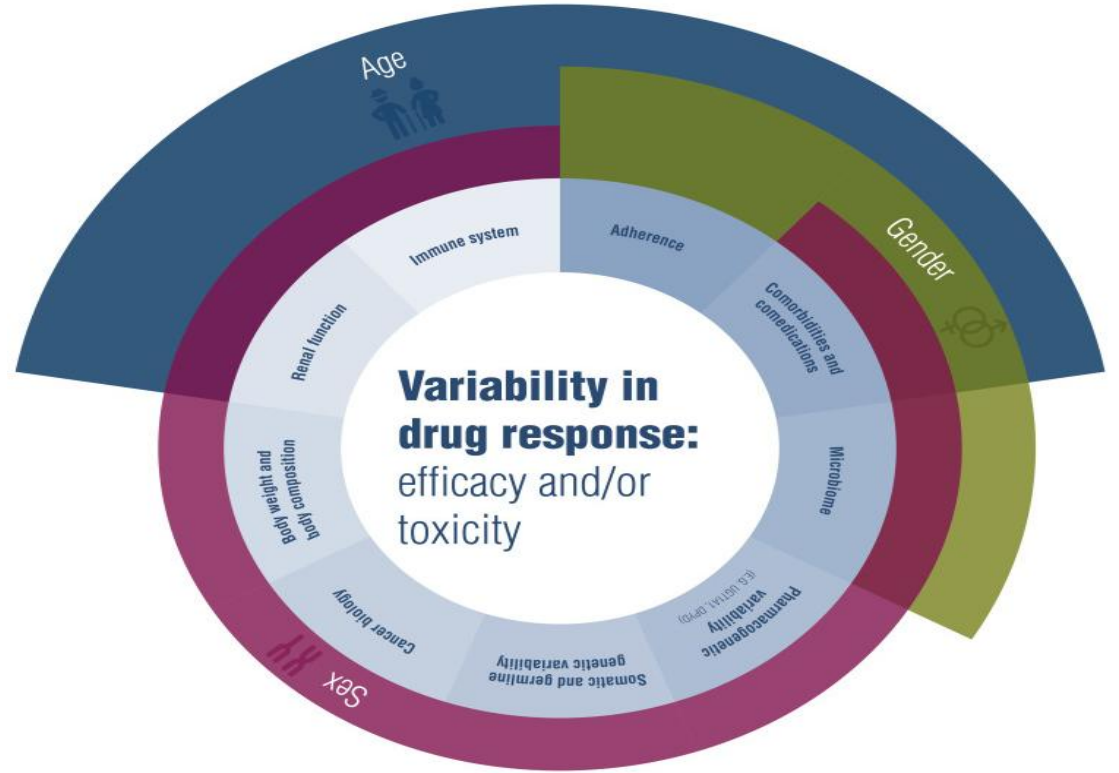


PROYECTO DIANA-1



CONCLUSIONES

2025



Sapere Aude

Reflexión ante nuevos retos



**CONGRESO
NACIONAL**

SOCIEDAD ESPAÑOLA DE
FARMACIA HOSPITALARIA

MÁLAGA 15-17 OCT 25



Gracias

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